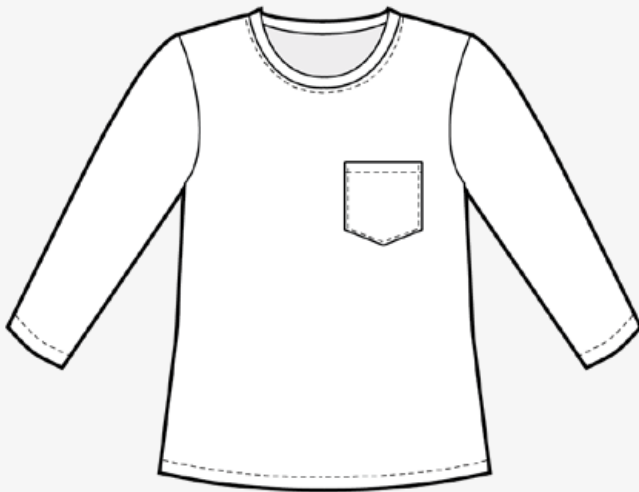
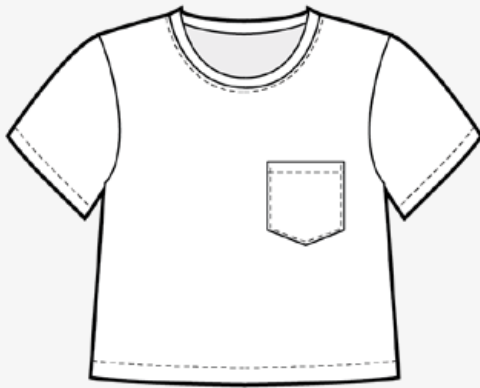


CORE

T-Shirt Pattern | no. 28



Closet Core
PATTERNS

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PATTERN DESCRIPTION

DESCRIPTION

The Core T-Shirt is a timeless wardrobe basic, our take on a classic crew-neck t-shirt. With a slightly boxy silhouette, it comes in two lengths with two sleeve options and is destined to be made more than once.

View A is a semi-cropped tee with short sleeves, the perfect length to pair with high-waisted pants. View B hits at the hip with 3/4 length sleeves. All views feature an optional patch pocket and an optional back neck and shoulder binding for a professional-looking finish.

FABRIC REQUIREMENTS

- This pattern can be made in a variety of knit fabrics with at least 30% crosswise stretch. For a more structured look, choose 100% cotton interlock and jersey. For a drapier effect, choose cotton/spandex blends, ribbed or rayon knits.

ADDITIONAL SUPPLIES

- Stretch, ballpoint or jersey needle
- Polyester thread in matching colour
- Marking tool
- Optional: double needle for finishing hems OR coverstitch machine

View A

SHORT SLEEVES
SEMI-CROPPED LENGTH

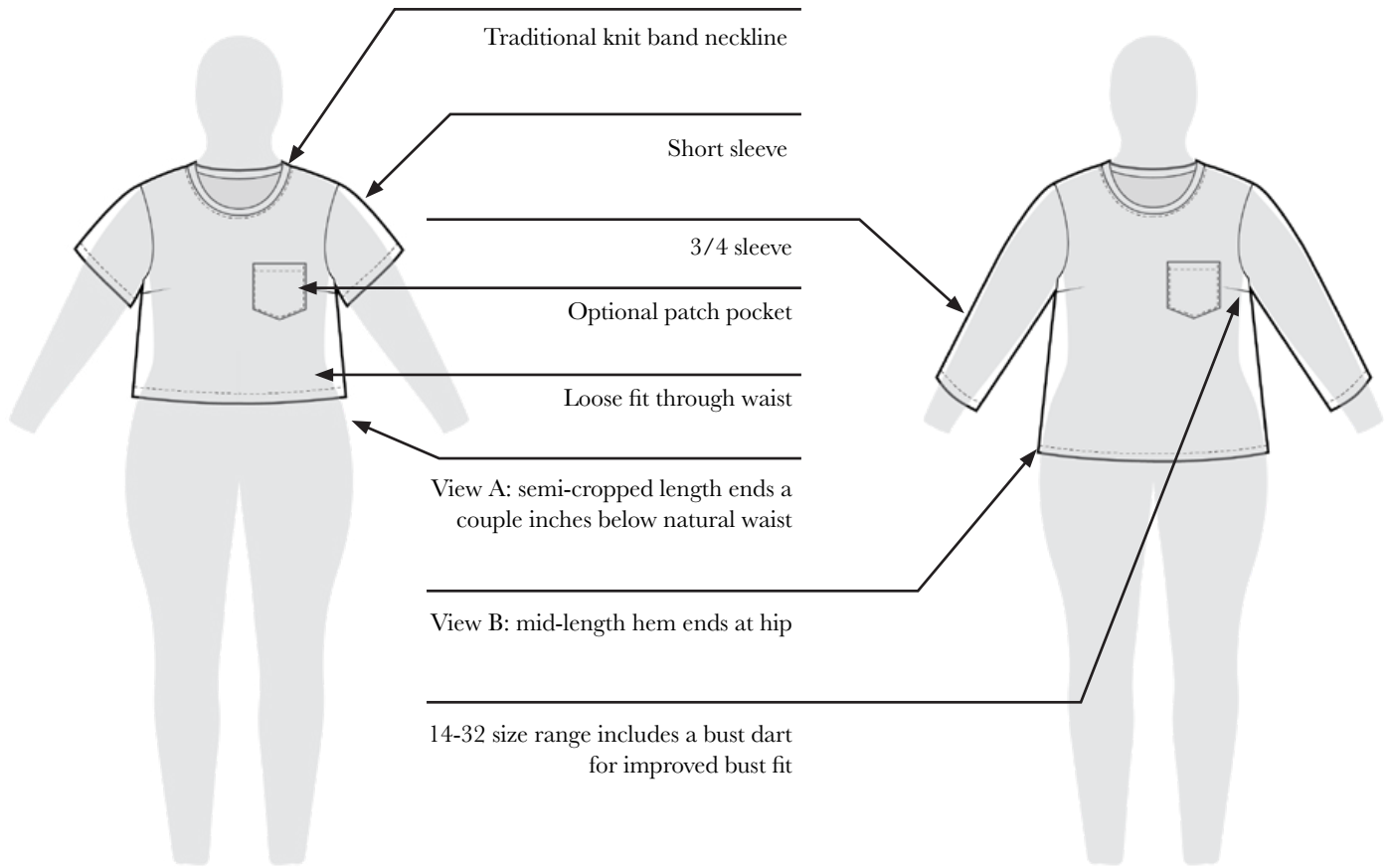


View B

3/4 SLEEVES
HIP-LENGTH HEM



PATTERN FIT DETAILS



SIZE CHART & FABRIC REQUIREMENTS (SIZES 0-20)

SIZE CHART

	0	2	4	6	8	10	12	14	16	18	20
FULL BUST	31" <i>79cm</i>	32" <i>82cm</i>	33" <i>84cm</i>	34" <i>86cm</i>	35" <i>89cm</i>	36.5" <i>93cm</i>	38" <i>97cm</i>	40" <i>102cm</i>	42" <i>107cm</i>	44" <i>112cm</i>	46" <i>117cm</i>
HIGH BUST	29" <i>74cm</i>	30" <i>76cm</i>	31" <i>79cm</i>	32" <i>82cm</i>	33" <i>84cm</i>	34.5" <i>88cm</i>	36" <i>91cm</i>	38" <i>97cm</i>	40" <i>102cm</i>	42" <i>107cm</i>	44" <i>112cm</i>
WAIST	24" <i>61cm</i>	25" <i>64cm</i>	26" <i>66cm</i>	27" <i>69cm</i>	28" <i>71cm</i>	29.5" <i>75cm</i>	31" <i>79cm</i>	33" <i>84cm</i>	35" <i>90cm</i>	37" <i>94cm</i>	39" <i>99cm</i>
HIP	33" <i>84cm</i>	34" <i>86cm</i>	35" <i>89cm</i>	36" <i>91cm</i>	37" <i>94cm</i>	38.5" <i>98cm</i>	40" <i>102cm</i>	42" <i>107cm</i>	44" <i>112cm</i>	46" <i>117cm</i>	48" <i>122cm</i>

Our 0-20 size range is based on a B cup base. As a general rule, people with a 2" difference between high and full bust are considered a B cup (1" = A cup, 2" = B cup, 3" = C cup etc). If you have more than a 3" difference between high and full bust, you may need to make a full bust adjustment.

FABRIC REQUIREMENTS (58" / 1.5M WIDE)

	0	2	4	6	8	10	12	14	16	18	20
VIEW A	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1 yd <i>0.9 m</i>	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>
VIEW B	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>

FABRIC STRETCH TEST

Fabrics with atleast 30% crosswise stretch are recommended. To test the stretch percentage of your fabric, align a 4" piece along the line below. When pulled, it must stretch to at least the arrow in order to work for this pattern.



FINISHED MEASUREMENTS (SIZES 0-20)

	0	2	4	6	8	10	12	14	16	18	20
BUST	35.1" <i>89.2cm</i>	36.1" <i>91.7cm</i>	37.1" <i>94.3cm</i>	38.1" <i>96.8cm</i>	39.1" <i>99.4cm</i>	40.6" <i>103.2cm</i>	42.1" <i>107cm</i>	44.1" <i>112.1cm</i>	46.1" <i>117.1cm</i>	48.1" <i>122.2cm</i>	50.1" <i>127.3cm</i>
WAIST	34" <i>86.4cm</i>	35" <i>88.9cm</i>	36" <i>91.4cm</i>	37" <i>94cm</i>	38" <i>96.5cm</i>	39.5" <i>100.3cm</i>	41" <i>104.1cm</i>	43" <i>109.2cm</i>	45" <i>114.3cm</i>	47" <i>119.4cm</i>	49" <i>124.5cm</i>
HIP	36.9" <i>93.6cm</i>	37.9" <i>96.2cm</i>	38.9" <i>98.7cm</i>	39.9" <i>101.3cm</i>	40.9" <i>103.8cm</i>	42.4" <i>107.6cm</i>	43.9" <i>111.4cm</i>	45.9" <i>116.5cm</i>	47.9" <i>121.6cm</i>	49.9" <i>126.7cm</i>	51.9" <i>131.7cm</i>
CENTER BACK LENGTH (VIEW A)	18" <i>45.6cm</i>	18.2" <i>46.3cm</i>	18.5" <i>46.9cm</i>	18.7" <i>47.6cm</i>	19" <i>48.2cm</i>	19.2" <i>48.8cm</i>	19.5" <i>49.6cm</i>	19.7" <i>50.1cm</i>	20" <i>50.7cm</i>	20.2" <i>51.4cm</i>	20.5" <i>52cm</i>
CENTER BACK LENGTH (VIEW B)	23.4" <i>59.5cm</i>	23.7" <i>60.1cm</i>	23.9" <i>60.7cm</i>	24.2" <i>61.4cm</i>	24.4" <i>62cm</i>	24.7" <i>62.7cm</i>	24.9" <i>63.3cm</i>	25.2" <i>63.9cm</i>	25.4" <i>64.6cm</i>	25.7" <i>65.2cm</i>	25.9" <i>65.8cm</i>
SHORT SLEEVE LENGTH	7.2" <i>18.3cm</i>	7.3" <i>18.6cm</i>	7.4" <i>18.9cm</i>	7.6" <i>19.2cm</i>	7.7" <i>19.5cm</i>	7.8" <i>19.9cm</i>	8" <i>20.2cm</i>	8.1" <i>20.5cm</i>	8.2" <i>20.8cm</i>	8.3" <i>21.2cm</i>	8.5" <i>21.5cm</i>
3/4 SLEEVE LENGTH	18.2" <i>46.2cm</i>	18.3" <i>46.5cm</i>	18.4" <i>46.8cm</i>	18.6" <i>47.1cm</i>	18.7" <i>47.5cm</i>	18.8" <i>47.8cm</i>	18.9" <i>48.1cm</i>	19.1" <i>48.4cm</i>	19.2" <i>48.7cm</i>	19.3" <i>49.1cm</i>	19.4" <i>49.4cm</i>
BICEP SHORT SLEEVE	10.9" <i>27.7cm</i>	11.5" <i>29.2cm</i>	12.1" <i>30.8cm</i>	12.7" <i>32.2cm</i>	13.3" <i>33.9cm</i>	14" <i>35.5cm</i>	14.7" <i>37.4cm</i>	15.7" <i>39.8cm</i>	16.5" <i>41.9cm</i>	17.4" <i>44.2cm</i>	18.3" <i>46.5cm</i>
BICEP 3/4 SLEEVE	10.4" <i>26.4cm</i>	11" <i>27.8cm</i>	11.5" <i>29.3cm</i>	12.1" <i>30.6cm</i>	12.7" <i>32.1cm</i>	13.3" <i>33.7cm</i>	14" <i>35.5cm</i>	14.8" <i>37.7cm</i>	15.6" <i>39.6cm</i>	16.4" <i>41.6cm</i>	17.3" <i>43.9cm</i>
ACROSS FRONT SHOULDER	13.2" <i>33.6cm</i>	13.5" <i>34.2cm</i>	13.7" <i>34.8cm</i>	14" <i>35.5cm</i>	14.2" <i>36.1cm</i>	14.6" <i>37cm</i>	15" <i>38cm</i>	15.5" <i>39.3cm</i>	16" <i>40.5cm</i>	16.5" <i>41.8cm</i>	17" <i>43.1cm</i>

SIZE CHART & FABRIC REQUIREMENTS (SIZES 14-32)

SIZE CHART

	14	16	18	20	22	24	26	28	30	32
FULL BUST	42" <i>107cm</i>	44" <i>112cm</i>	46" <i>117cm</i>	48" <i>122cm</i>	50" <i>127cm</i>	52" <i>132cm</i>	54" <i>137cm</i>	56" <i>142cm</i>	58" <i>147cm</i>	60" <i>152.5cm</i>
HIGH BUST	38" <i>97cm</i>	40" <i>102cm</i>	42" <i>107cm</i>	44" <i>112cm</i>	46" <i>117cm</i>	48" <i>122cm</i>	50" <i>127cm</i>	52" <i>132cm</i>	54" <i>137cm</i>	56" <i>142cm</i>
WAIST	35" <i>89cm</i>	37" <i>94cm</i>	39" <i>99cm</i>	41" <i>104cm</i>	43" <i>109cm</i>	45" <i>114cm</i>	47" <i>119cm</i>	49" <i>124.5cm</i>	51" <i>129.5cm</i>	53" <i>134.5cm</i>
HIP	45" <i>114cm</i>	47" <i>119cm</i>	49" <i>124.5cm</i>	51" <i>129.5cm</i>	53" <i>134.5cm</i>	55" <i>140cm</i>	57" <i>145cm</i>	59" <i>150cm</i>	61" <i>155cm</i>	63" <i>160cm</i>

Our 14-30 size range is based on a D cup base. This means the size range works best for larger busts. As a general rule, people with a 4" difference between high and full bust are considered a D cup. If you are an A cup (1" inch difference), B cup (2" difference), or C cup (3" difference) you may need to make a Small Bust Adjustment for the best fit. If you are larger than a D cup, you may need to make a Full Bust Adjustment.

FABRIC REQUIREMENTS (58" / 1.5M WIDE)

	14	16	18	20	22	24	26	28	30	32
VIEW A	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.25 yd <i>1.15 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>	1.5 yd <i>1.4 m</i>
VIEW B	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>	1.75 yd <i>1.6 m</i>

FABRIC STRETCH TEST

Fabrics with atleast 30% crosswise stretch are recommended. To test the stretch percentage of your fabric, align a 4" piece along the line below. When pulled, it must stretch to at least the arrow in order to work for this pattern.



FINISHED MEASUREMENTS (SIZES 14-32)

	14	16	18	20	22	24	26	28	30	32
BUST	44.7" <i>113.6cm</i>	46.7" <i>118.7cm</i>	48.7" <i>123.8cm</i>	50.7" <i>128.8cm</i>	50.7" <i>128.8cm</i>	52.7" <i>139cm</i>	54.7" <i>144.1cm</i>	56.7" <i>149.1cm</i>	58.7" <i>154.2cm</i>	60.7" <i>159.3cm</i>
WAIST	44.3" <i>112.5cm</i>	46.3" <i>117.6cm</i>	48.3" <i>122.7cm</i>	50.3" <i>127.8cm</i>	52.3" <i>132.8cm</i>	54.3" <i>137.9cm</i>	56.3" <i>143cm</i>	58.3" <i>148.1cm</i>	60.3" <i>153.2cm</i>	62.3" <i>158.2cm</i>
HIP	48.9" <i>124.1cm</i>	50.9" <i>129.2cm</i>	52.9" <i>134.2cm</i>	54.9" <i>139.3cm</i>	56.9" <i>144.4cm</i>	58.9" <i>149.5cm</i>	60.9" <i>154.6cm</i>	62.9" <i>159.6cm</i>	64.9" <i>164.7cm</i>	66.9" <i>169.8cm</i>
CENTER BACK LENGTH (VIEW A)	19.6" <i>49.7cm</i>	19.8" <i>50.3cm</i>	20.1" <i>51cm</i>	20.3" <i>51.6cm</i>	20.6" <i>52.2cm</i>	20.8" <i>52.9cm</i>	21.1" <i>53.5cm</i>	21.3" <i>54.1cm</i>	21.6" <i>54.8cm</i>	21.8" <i>55.4cm</i>
CENTER BACK LENGTH (VIEW B)	24.6" <i>62.5cm</i>	24.9" <i>63.2cm</i>	25.1" <i>63.8cm</i>	25.4" <i>64.4cm</i>	25.6" <i>65.1cm</i>	25.9" <i>65.7cm</i>	26.1" <i>66.3cm</i>	26.4" <i>67cm</i>	26.6" <i>67.6cm</i>	26.9" <i>68.2cm</i>
SHORT SLEEVE LENGTH	9.3" <i>23.7cm</i>	9.5" <i>24.1cm</i>	9.6" <i>24.4cm</i>	9.7" <i>24.7cm</i>	9.9" <i>25cm</i>	10" <i>25.3cm</i>	10.1" <i>25.7cm</i>	10.2" <i>26cm</i>	10.4" <i>26.3cm</i>	10.5" <i>26.6cm</i>
3/4 SLEEVE LENGTH	19.9" <i>50.5cm</i>	20" <i>50.8cm</i>	20.1" <i>51.1cm</i>	20.3" <i>51.4cm</i>	20.4" <i>51.8cm</i>	20.5" <i>52.1cm</i>	20.6" <i>52.4cm</i>	20.8" <i>52.7cm</i>	20.9" <i>53cm</i>	21" <i>53.4cm</i>
BICEP SHORT SLEEVE	16" <i>40.7cm</i>	16.9" <i>42.8cm</i>	17.7" <i>44.9cm</i>	18.5" <i>46.9cm</i>	19.3" <i>49cm</i>	20.1" <i>51cm</i>	20.9" <i>53.1cm</i>	21.7" <i>55.2cm</i>	22.5" <i>57.2cm</i>	23.4" <i>59.3cm</i>
BICEP 3/4 SLEEVE	14.8" <i>37.6cm</i>	15.6" <i>39.6cm</i>	16.4" <i>41.7cm</i>	17.2" <i>43.7cm</i>	18" <i>45.8cm</i>	18.8" <i>47.8cm</i>	19.6" <i>49.9cm</i>	20.4" <i>51.9cm</i>	21.2" <i>54cm</i>	22.1" <i>56cm</i>
ACROSS FRONT SHOULDER	15.2" <i>38.6cm</i>	15.7" <i>39.8cm</i>	16.2" <i>41.1cm</i>	16.7" <i>42.4cm</i>	17.2" <i>43.6cm</i>	17.7" <i>44.9cm</i>	18.1" <i>46.1cm</i>	18.6" <i>47.3cm</i>	19.1" <i>48.5cm</i>	19.5" <i>49.6cm</i>

GLOSSARY

BACK-STITCH

Secure a line of stitching by reversing and stitching 2 or 3 times.

BAR TACK

A narrow, dense zig zag stitch used to reinforce areas of high stress (2mm wide x 0.5 mm long).

BASTE

A long line of stitching used to temporarily hold fabric in place (5mm long).

FUSIBLE INTERFACING

A textile used to add strength and body to fabric, it has adhesive on one side and is fused to fabric with an iron.

GRADE SEAMS

Trimming seam allowances to reduce bulk. In general, the seam allowance that is laying against the visible body of the fabric should be left intact, with progressive layers trimmed by 1/4" (6mm).

SEAM ALLOWANCE

Area between the stitching line and the edge of fabric.

STAY-STITCH

A short line of stitching just inside the stitching line, it helps to prevent areas from stretching out, along with providing a guide to follow when pressing.

TOP-STITCH

A line of stitching sewn next to the seam line visible on the outside of the garment. It helps stabilize seams as well as add visual interest.

UNDER-STITCH

Used to secure a lining or facing in place and prevent it from rolling to the outside. Sew your seam normally and press towards the facing. Stitch only the facing and seam allowance together, about 1/8" (3mm) from the seam line. This will anchor the facing in place to the seam on the inside of the garment.

PATTERN PRINTING LAYOUTS (SIZES 0-20)

USING PATTERN LAYERS

This digital pattern is layered, which allows you to select and turn on only the size(s) you need to print. By removing any unnecessary cutting lines, your pattern will be easier to read and cut out.

Please note the layers feature is currently only supported by Adobe Acrobat. It is not supported by Apple Preview. **You will need to open your pattern file with Adobe Acrobat if you would like to use this feature.**

To select which layers will be visible when printing your pattern, open the file using Adobe Acrobat and choose the "Layers" icon on the left-hand side. An eye will appear next to each visible layer. Uncheck the sizes you do not need. **The "Text" layer must be turned on for all sizes.**

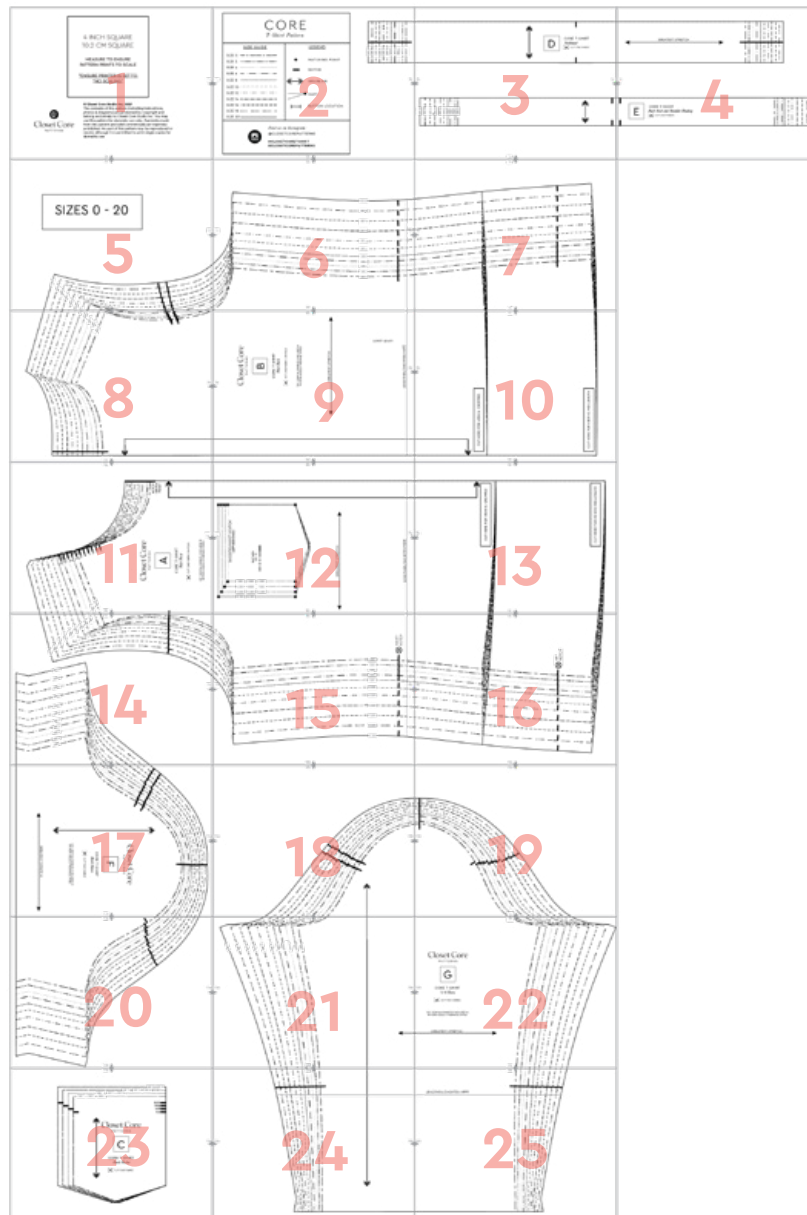
PRINTING PATTERN FILE

If you are printing your pattern at home, print the test sheet first to test the scale. Print your pattern pieces on standard letter or A4 paper. Be sure you select "no scaling" or "100%" in your PDF printer settings to ensure it prints correctly.

Rather than cut each pattern square out of each sheet, use a ruler and an utility/exacto knife to trim off the right and bottom edge of each paper. This way you can overlap your sheets as you tape or glue them together.

For help assembling your PDF pattern at home, see our online tutorial:

<https://closetcorepatterns.com/how-to-print-assemble-pdf-patterns/>



PATTERN PRINTING LAYOUTS (SIZES 14-32)

USING PATTERN LAYERS

This digital pattern is layered, which allows you to select and turn on only the size(s) you need to print. By removing any unnecessary cutting lines, your pattern will be easier to read and cut out.

Please note the layers feature is currently only supported by Adobe Acrobat. It is not supported by Apple Preview. **You will need to open your pattern file with Adobe Acrobat if you would like to use this feature.**

To select which layers will be visible when printing your pattern, open the file using Adobe Acrobat and choose the "Layers" icon on the left-hand side. An eye will appear next to each visible layer. Uncheck the sizes you do not need. **The "Text" layer must be turned on for all sizes.**

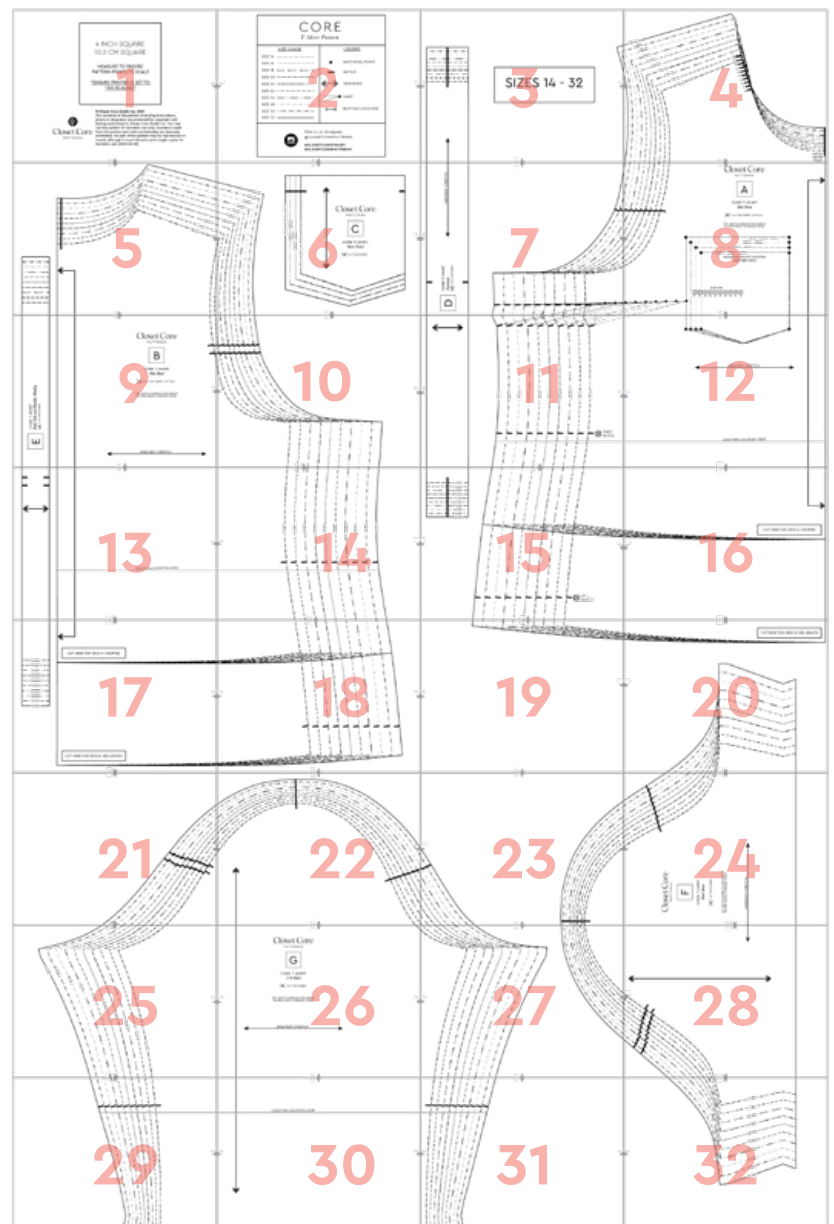
PRINTING PATTERN FILE

If you are printing your pattern at home, print the test sheet first to test the scale. Print your pattern pieces on standard letter or A4 paper. Be sure you select "no scaling" or "100%" in your PDF printer settings to ensure it prints correctly.

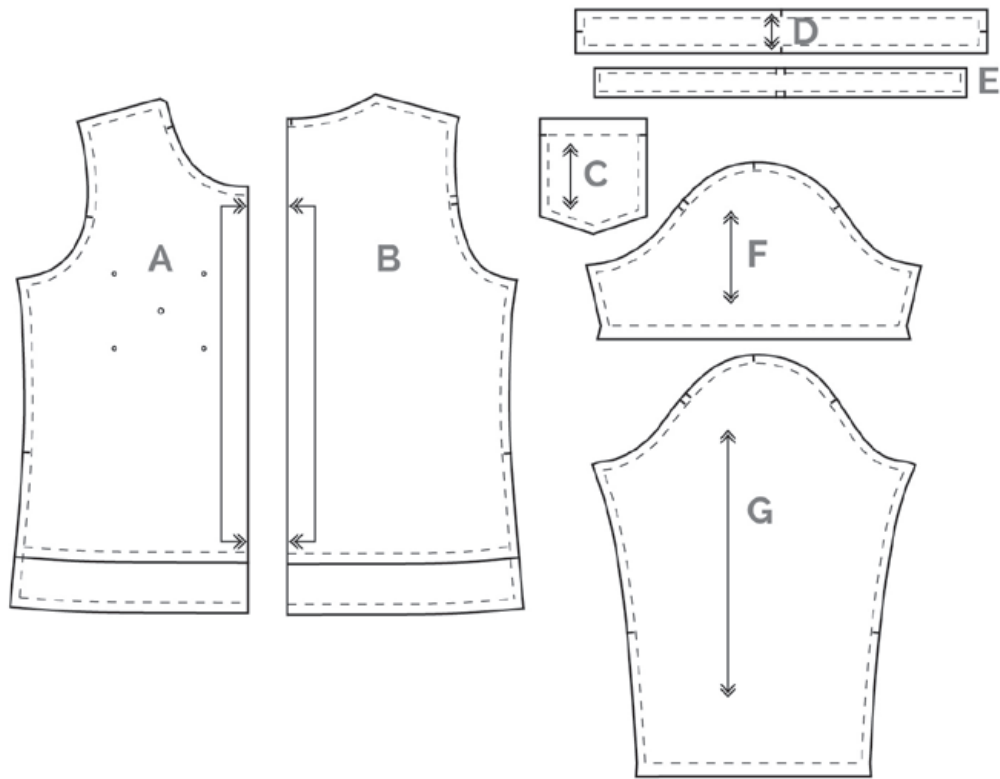
Rather than cut each pattern square out of each sheet, use a ruler and an utility/exacto knife to trim off the right and bottom edge of each paper. This way you can overlap your sheets as you tape or glue them together.

For help assembling your PDF pattern at home, see our online tutorial:

<https://closetcorepatterns.com/how-to-print-assemble-pdf-patterns/>



PATTERN PIECE INVENTORY

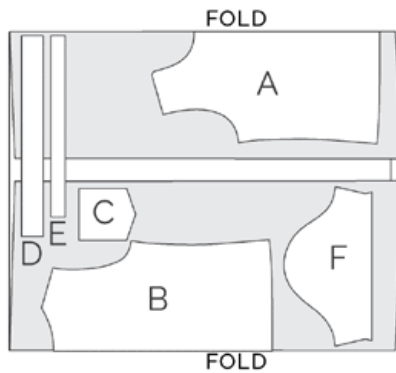


PATTERN PIECES

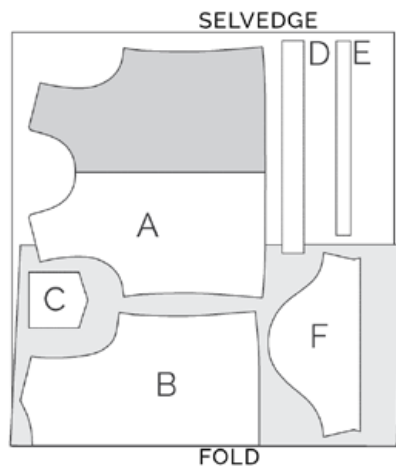
- A** SHIRT FRONT - ALL VIEWS (*x1 fabric on fold*)
- B** SHIRT BACK - ALL VIEWS (*x1 fabric on fold*)
- C** PATCH POCKET - ALL VIEWS (OPTIONAL) (*x1 fabric*)
- D** NECK BAND - ALL VIEWS (*x1 fabric*)
- E** BACK NECK AND SHOULDER BINDING - ALL VIEWS (OPTIONAL) (*x1 fabric*)
- F** SHORT SLEEVE - VIEW A (*x2 fabric*)
- G** 3/4 SLEEVE - VIEW B (*x2 fabric*)

FABRIC CUTTING DIAGRAMS - 58" / 1.5M (SIZES 0-20)

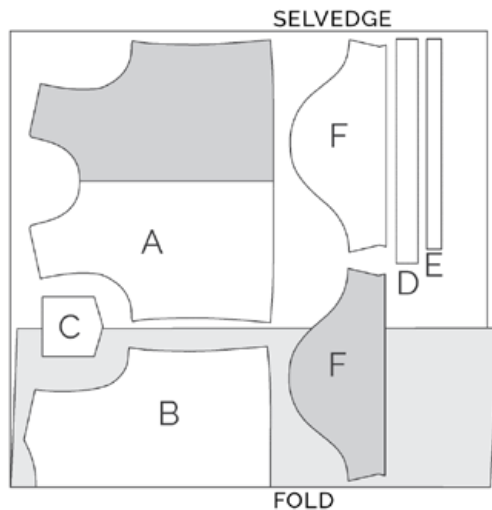
VIEW A



Sizes 0-8






Sizes 10-14



Sizes 16-20

CUTTING LEGEND

-  Pattern piece face up
-  Pattern piece face down or mirrored
-  Wrong side of fabric

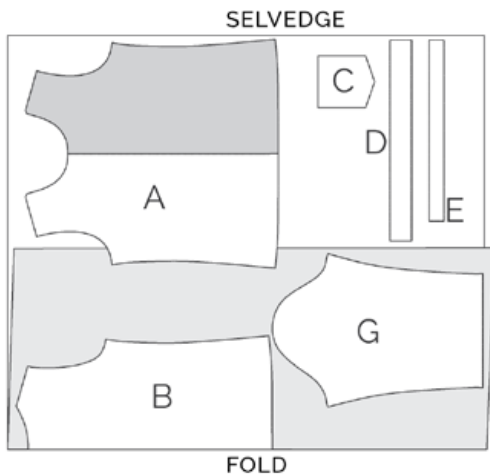
NOTE:

Pieces C, D & E only need to be cut once from fabric.

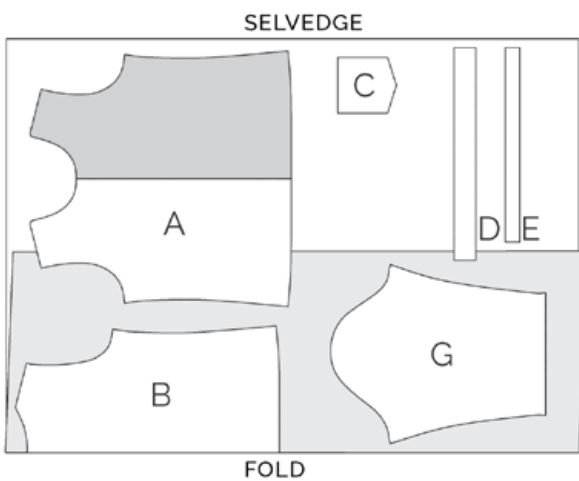
Optional: cut piece E if you would like to bind the shoulder and back neckline seams

FABRIC CUTTING DIAGRAMS - 58" / 1.5M (SIZES 0-20)

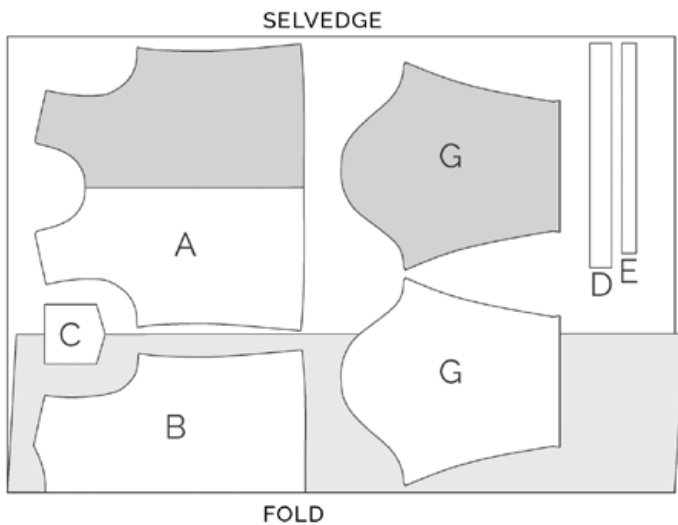
VIEW B



Sizes 0-8






Sizes 10-14



Sizes 16-20

CUTTING LEGEND

-  Pattern piece face up
-  Pattern piece face down or mirrored
-  Wrong side of fabric

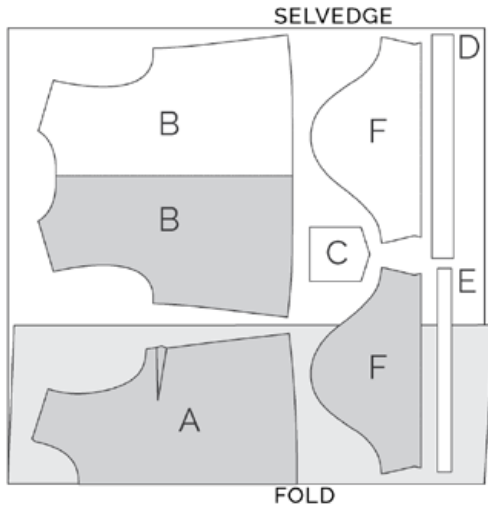
NOTE:

Pieces C, D & E only need to be cut once from fabric.

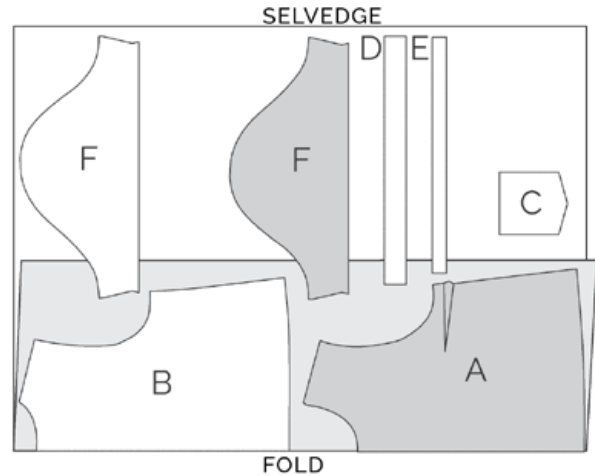
Optional: cut piece E if you would like to bind the shoulder and back neckline seams

FABRIC CUTTING DIAGRAMS - 58" / 1.5M (SIZES 14-32)

VIEW A

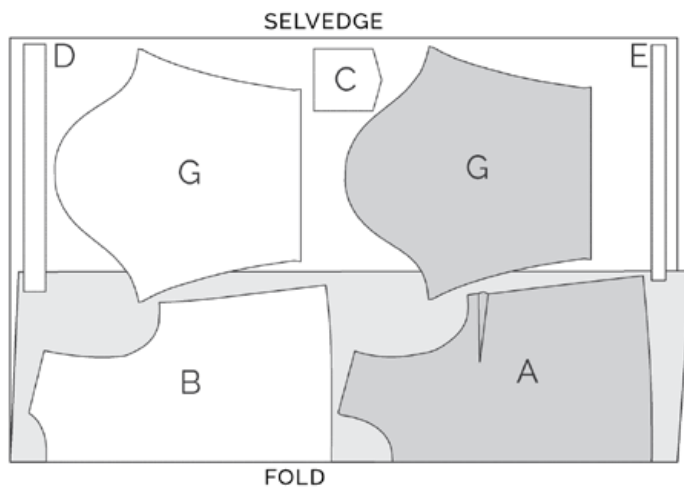


Sizes 14-18






Sizes 20-32

VIEW B



Sizes 14-32

CUTTING LEGEND

-  Pattern piece face up
-  Pattern piece face down or mirrored
-  Wrong side of fabric

NOTE:

Pieces C, D & E only need to be cut once from fabric.

Optional: cut piece E if you would like to bind the shoulder and back neckline seams

GETTING STARTED

MEASUREMENTS & CHOOSING A SIZE

- Measure yourself at your fullest bust, smallest waist, and fullest hip to find your measurements. This pattern was drafted for someone with an average height of 5'-6" (167 cm). If you are much taller or shorter, or have had to lengthen or shorten patterns in the past, please make the appropriate adjustments to your pattern before cutting out your fabric.




FABRIC PREP

- Before you get started, prepare your fabric. Wash to remove any chemical sizing. Dry by machine, or lay flat to dry. Press. Consider your fabric's fibre content when choosing a temperature setting for your iron.
- It's important to transfer all critical construction marks from the pattern to the fabric pieces. Notches can be marked on your fabric with a marking tool or with a short snip into your fabric. Be careful not to snip past your seam allowance!

TIPS FOR SEWING WITH KNITS

- This pattern can be sewn entirely on a regular sewing machine with a zig zag setting if you don't have a serger or coverstitch machine. If you have a walking foot, it will help feed the top and bottom layers of fabric through your machine evenly as you sew them together.
- If you are using a serger, it can be helpful to baste pieces together with a regular machine. This is particularly helpful when sewing in knit bands or when working with striped or patterned fabrics.
- When pinning your pieces together, insert your pins horizontally, parallel to your stitch line so you don't have to pause to remove your pins and there is no risk of getting pins caught under the serger knife.
- A double needle will give a professional look to your hem finishes if you don't have a coverstitch machine. Make sure the double needle's width is no wider than the opening on your sewing machine's regular foot; don't change the needle position or you risk breaking the needle. Follow your machine's instruction manual to properly thread the two top needle threads.

Refer to the chart below for recommended stitch types and settings for sewing with knits on a regular machine.

STITCH TYPES		
	NARROW ZIG ZAG – BASTING AND SEWING LAYERS TOGETHER	1.5 wide x 2.5 long
	MEDIUM ZIG ZAG – TOPSTITCHING KNIT BANDS AND FINISHING HEMS	3 wide x 2 long
	DOUBLE NEEDLE – TOPSTITCHING KNIT BANDS, SEWING SEAMS AND FINISHING HEMS	2.5 long

INCLUDED SEAM ALLOWANCES ARE
3/8" OR 10MM UNLESS NOTED

INSTRUCTIONS



*Please note: All references to left or right pattern pieces refer to **how it is worn on the body.***

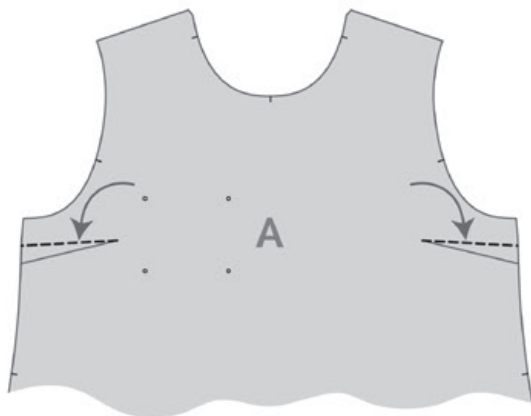
Seam allowances are included - 3/8" (10mm) unless otherwise noted.

When instructions direct you to stitch seams together, use a serger or zig zag stitch.

SEW THE FRONT DART

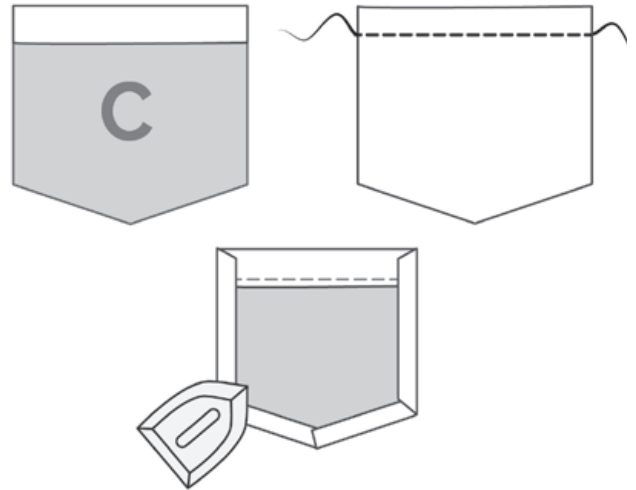
(Sizes 14-32)

- Right sides together, fold the front (A) to align the dart notches. Pin in place through the end of the dart as indicated by the circle marking.
- Sew from the dart notches straight across to the circle mark. Tie off threads at dart point to prevent them from unravelling. Press dart down towards waistline. Repeat for other side.

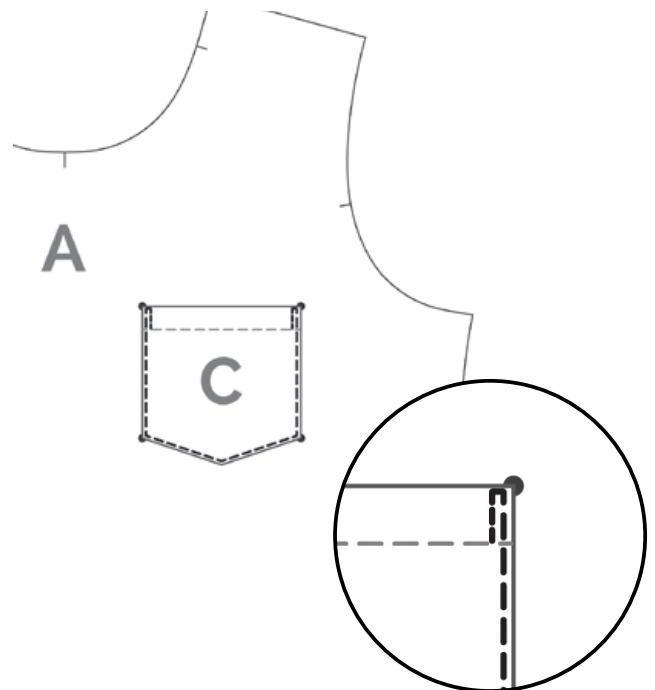


PREPARE THE POCKET PIECE (OPTIONAL)

- Ensure patch pocket placement match points are transferred to left shirt front.

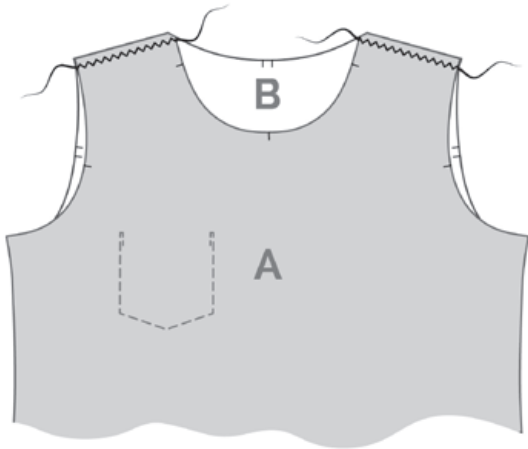


- Press the top edge of patch pocket (C) under at notches (3/4" / 19mm).
- Topstitch folded edge of pocket in place at 1/2" (13mm) using straight stitch.
- Press remaining edges of pocket under by 3/8" (10mm), as indicated below. If you can see any corners peeking out from the outside, trim the exposed corners at a 45 degree angle.
- Pin patch pocket to left side of shirt front (A), aligning corners to marked match points.
- Topstitch pocket in place, keeping needle down to pivot corners. Secure top corners in place by sewing a parallel line beside the pocket flap topstitching as indicated in the illustration.



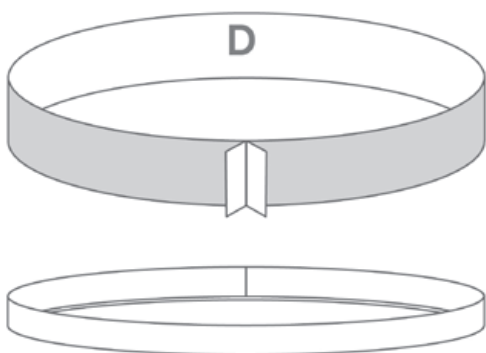
SEWING SHOULDER SEAMS

- Right sides together, match shirt front and back (A & B) along shoulder seams.
- Sew at 3/8" (10mm) using serged or zig zag stitch. Press seams towards back.



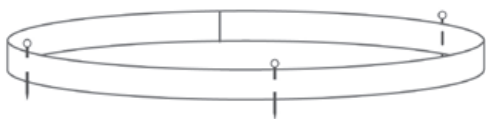
PREPARING NECKBAND

- Right sides together, sew short ends of neckband (D) together at 3/8" (10mm), to form a circle. If you are using a regular machine, use a narrow zig zag and press the seam open. If you are using a serger, press the seam to one side.
- Fold the long edges wrong sides together and gently press.

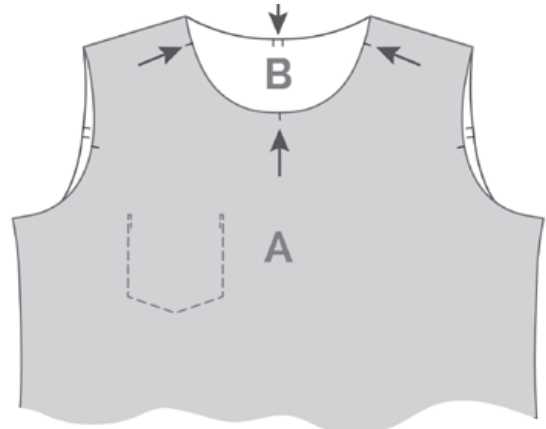


ATTACHING NECKBAND TO NECKLINE

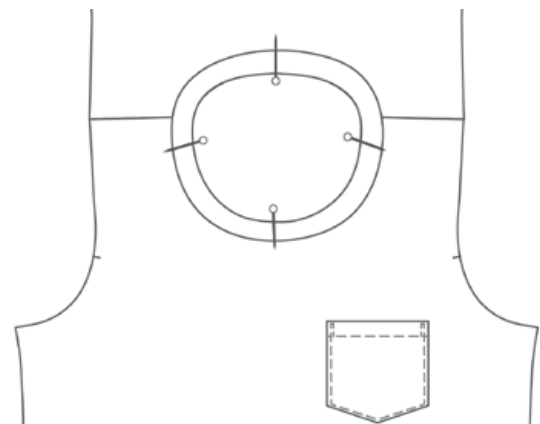
- Divide the neckband evenly into quarters. Fold the neckband in half along the seam and mark the front. Fold again, matching front and back seam to mark each side.



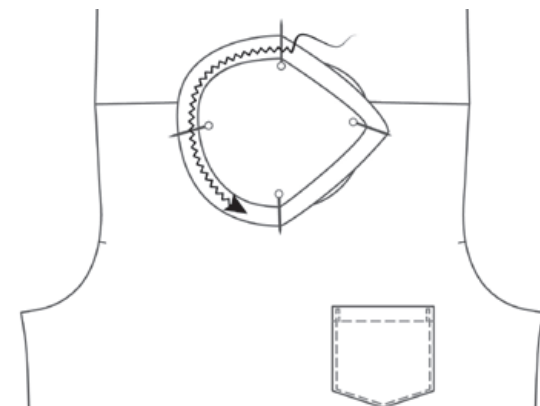
- Divide neckline of shirt into even quarters: ensure pattern notches have been transferred to shirt neckline at center back, left and right side, and center front.



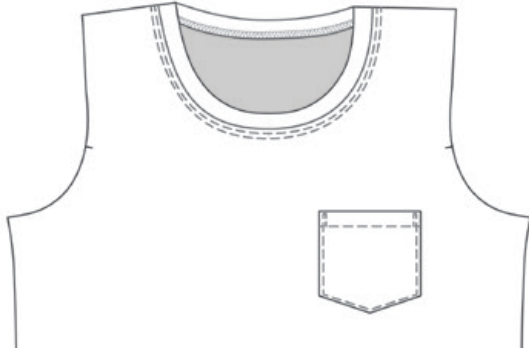
- Pin neckband to right side of shirt with raw edges aligned, matching the quarter marks you made on the neckband with the notches around the shirt neckline. The seam on the neckband should align with the center back of the shirt.



- Stitch neckband in place at 3/8" (10mm) with narrow zig zag or serged stitch. Sew from the right side of the shirt with the band on top, starting at center back. Gently stretch the band (NOT the shirt) between the quarter marks to match the length of the neckline. Ensure the shoulder seams remain pressed towards the back. *Tip: If serging, it can be helpful to baste the neckband in place first for more control.*



- Press the seam down towards the body of the shirt so the neckband lays flat. Remove basting stitches if necessary.
- If you are not binding your shoulder seam as directed in the next section, topstitch around neckline using a zig zag, double needle, or



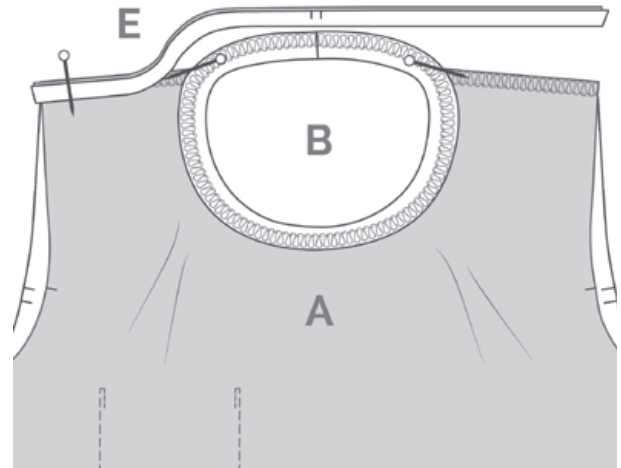
coverstitch to secure seam in place. (Topstitching around the neckline will not be possible if binding the shoulder and neckline seams.)

SHOULDER & BACK NECKLINE BINDING (OPTIONAL)

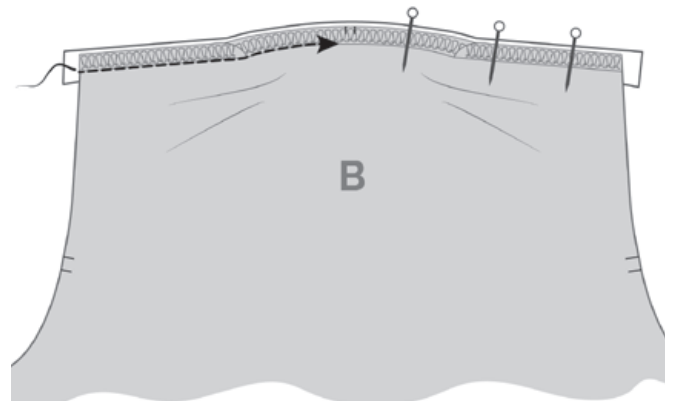
- This optional step requires patience and precision, but results in a clean and professional finish inside your t-shirt. If you are including this option, ensure the shoulder and neckline seam allowances have been trimmed down to **1/4" (6mm)**.
- Wrong sides together, fold the back neck and shoulder binding (E) in half matching long edges and press. *Note: If the fabric is curling and difficult to handle, try stabilizing with spray starch.*



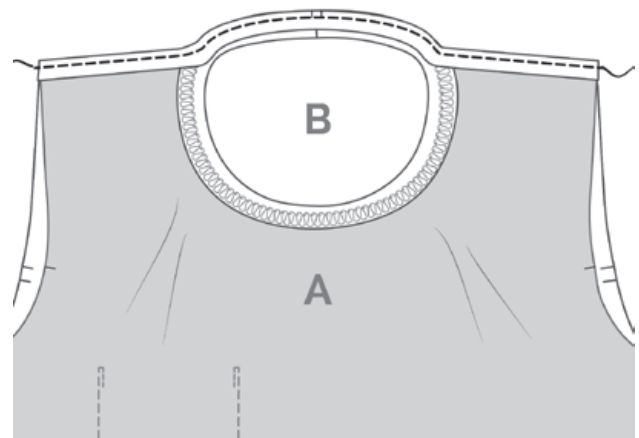
- Turn the shirt inside out. Align the raw edges of the back neck and shoulder binding (E) to the edge of the seam allowance. Pin along the length of the shoulder and neckline seams, or adjust as you sew if you feel more confident. **Pin both layers of the knit binding to the seam allowance only**, leaving the front and back shirt free. Do not stretch the binding. If the binding is too long, trim to fit. *(To keep the shirt out of the way, pin the fabric together where the shoulder and neck seams meet.)*



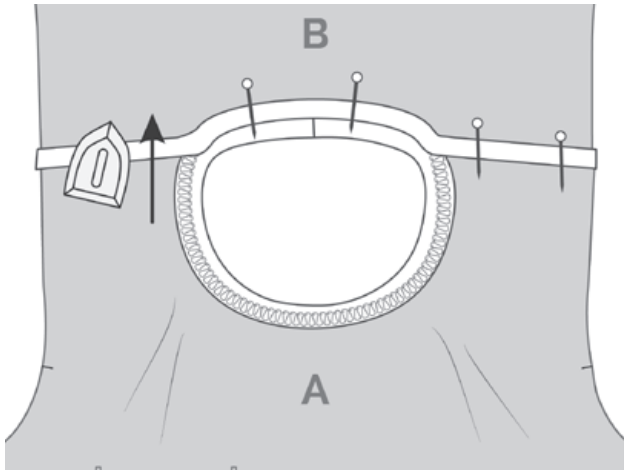
- Starting at the edge of the right shoulder, sew the knit binding **to the seam allowance only** using a regular straight stitch. Stitch from the underside of the seam allowance, sewing precisely along the original stitch line. An edgestitch foot or zipper foot will help you get as close as possible to this stitch line.



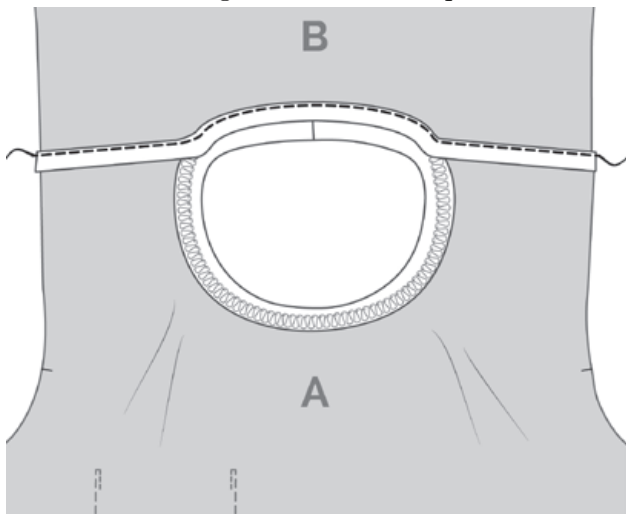
- Continue stitching along the shoulder seam. When you reach where the shoulder seam meets the neckline, carefully guide the knit binding around the curve of the seam, straightening the seam as you sew.



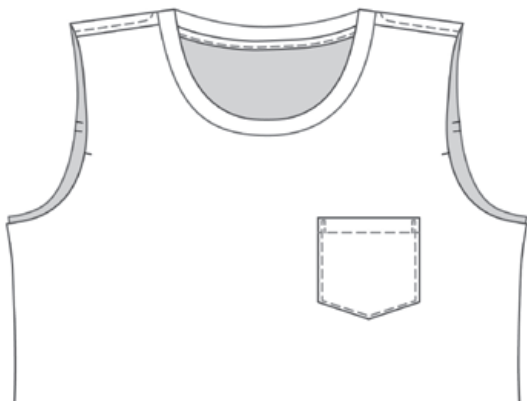
- Press the folded edge of the knit binding towards the shirt back. The shoulder and neck seam allowances will be concealed by the binding. Pin or baste in place, or position with your fingers when stitching in the next step.



- Sew the folded edge of the knit binding in place on the shirt back, stitching as close as possible to the fold. An edgestitch foot is helpful here!

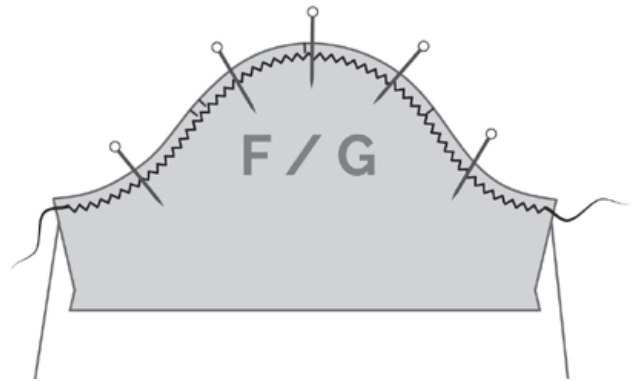


- The seam along the shoulders and back neckline will now be completely encased in the knit binding and secured in place.



ATTACHING SLEEVES

- Right sides together, align the sleeve cap of the sleeve (F or G) to the armhole of the shirt, matching front, back and shoulder notches. The double notches indicate the back of the sleeve.
- Pin in place and sew using a zig zag or serged stitch.



- Press the seam towards the sleeve. Repeat for other sleeve.

SEWING SHIRT SIDE SEAMS

- With the shirt inside out and right sides together, align the side seams from bottom hem to sleeve hem, matching notches. Ensure arm seams are pressed towards the sleeve and pin in place. Sew using either a zig zag or serged stitch.
- Press the side seams towards the back.

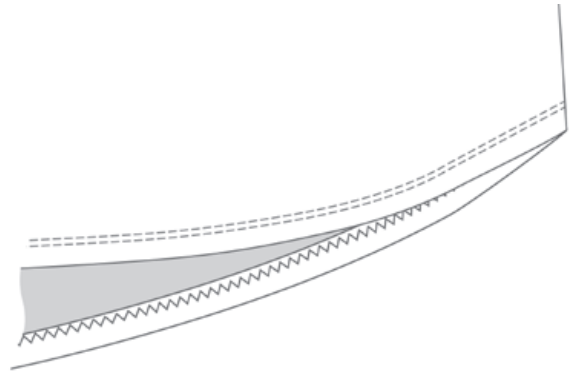


FINISHING SHIRT HEM

- Press the shirt hem up 5/8" (16mm). Finish the hem with a zig zag stitch, double needle, or coverstitch.

FINISHING SLEEVES

- Press the sleeve hems up 5/8" (16mm). Finish with a zig zag stitch, double needle, or coverstitch.



Bravo!

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